

### STARTERS

**Soup du Jour** Cup..... \$2.95 Bowl ..... \$4.50  
Freshly made soup of the day served with a house  
baked roll.  
**Chicken Tenders** (5) ..... \$6.50  
**Chicken Wings** (mild, hot or teriyaki sauce) ..... \$6.50  
**Housemade Crab Cake (1)** ..... \$7.25  
Served over mixed greens with a honey lemon white wine sauce

**Mozzarella Styx**..... \$6.50  
Lightly breaded Mozzarella cheese served with a  
marinara dipping sauce  
**Penne a la Vodka**..... \$4.25  
Smaller portion of pasta served in a delicate tomato  
and cream sauce with garden peas

### SALADS Small \$7.25 / Large \$8.75

All of our salad dressings are prepared on premise. Pick your dressing: Blue cheese, Ranch, Russian or Thousand Island, olive oil, balsamic or red wine vinegar, balsamic vinaigrette. Extra side of dressing, add \$.50 - **Add chicken to any salad - \$3.25**

**Spinach** – Fresh spinach, goat cheese, red onions, tomatoes, dried cranberries, sliced almonds  
**House** – Iceberg lettuce, cucumber, carrots, black olives, tomato, red onions  
**Classic Chicken Caesar** – Romaine lettuce, grated parmesan cheese, chicken, croutons, Caesar dressing  
**Apple Walnut** – Spinach, tomatoes, goat cheese, apples, walnuts  
**Chef** – Romaine lettuce, cucumber, black olives, tomatoes, sliced egg, ham, turkey, Swiss cheese  
**International** – Mixed greens, grilled chicken, Portobello mushroom, mozzarella cheese, roasted peppers, balsamic vinaigrette  
**Iceberg Wedge** – With chopped bacon. Drizzled with a blue cheese dressing

### SANDWICHES \$7.25

All sandwiches are served with the Chef's housemade coleslaw and a pickle. Choice of white, rye or whole wheat bread.  
**Add French fries or sweet potato fries for an additional \$2.00. Add cheese \$.25; add bacon \$1.00; add lettuce & tomato \$.50.**

**Ham, Turkey or Tuna Sandwich** – With lettuce and tomato.  
**Tuna Melt** – With Swiss cheese  
**Patty Melt** – With hamburger, Swiss cheese, fried onions  
**Reuben** – With corned beef or turkey, Swiss cheese,  
sauerkraut, Thousand Island dressing

**Grilled Chicken** – With lettuce, tomato, onion  
**BLT** – Bacon, lettuce, tomato, mayo  
**Chicken Parmesan Sub**  
**Eggplant Parmesan Sub**

### PANINIS \$7.25

All paninis are served with the Chef's housemade coleslaw and a pickle. **Add French or sweet potato fries \$2.00.**

**Turkey** – Provolone, red onion, lettuce, tomato, honey mustard  
**Italian** – Grilled chicken, roasted peppers, fresh mozzarella,  
balsamic vinaigrette dressing

**Eggplant** – Lettuce, tomato, fresh mozzarella, balsamic  
vinaigrette dressing  
**Florentine** – Chicken, spinach, Provolone, delicate lemon sauce

### WRAPS \$7.25

Regular or whole wheat. All wraps are served with the Chef's housemade coleslaw and a pickle. **Add French or sweet potato fries \$2.00.**

**Crispy Chicken** – Swiss, lettuce, tomato, onion, Ranch dressing.  
**Spinach** – Roasted peppers, chick peas, tomato, Portobello.  
**Tuna** – Swiss, lettuce, tomato, onions.

**Caesar Chicken** – Romaine lettuce, grated parmesan,  
Caesar dressing.  
**Balsamic Wrap** – Grilled chicken, peppers, mozzarella, basil  
and vinaigrette

### FIRE UP THE GRILL

**Add bacon \$1.00; add cheese \$.25; add avocado \$.75; add French or sweet potato fries or onion rings \$2.00.**

**Sabrett Beef Hot Dog** ..... \$3.25  
Plain and/or sauerkraut, onions  
**Beef or Chicken Cheese Steak**..... \$6.25  
Provolone cheese, onions and peppers

**Grilled Cheese** ..... \$3.50  
With tomato and bacon..... \$4.50  
With grilled Virginia baked ham..... \$4.75  
**Burger** ..... \$5.50  
Choice of beef, turkey or black bean. Served with lettuce,  
tomato, onions (raw or sautéed)

### ENTRÉES \$9.75

**Spicy Grilled Chicken Chipotle** - served with Spanish rice  
and sautéed seasonal vegetables  
**Arroz con Pollo** - traditional chicken, beans and Spanish rice  
**Grilled Salmon** - served with sautéed vegetables in a  
rosemary and white wine sauce  
**Pan-Fried Chicken Breast** - topped with chopped mixed  
greens, tomato, roasted peppers, Mozzarella cheese and  
balsamic vinaigrette  
**BBQ Boneless Chicken Breast** - with brown rice  
**Eggplant Parmesan** - traditional eggplant parmesan served  
with penne pasta  
**Vegetable Stir Fry** - market fresh vegetables stir-fried in  
sesame oil with ginger, garlic and soy sauce served with  
brown rice. Add grilled chicken \$3.25.

**Pasta Primavera** - penne pasta, diced yellow & green squash,  
red peppers, broccoli, spinach in a light cream sauce  
**Linguini** - with housemade marinara sauce  
**Penne a la Vodka** - pencil point pasta served in a delicate  
tomato and cream sauce with garden peas  
Add grilled chicken \$3.25.  
**Chicken Francaise** - egg-dipped chicken breast served in a  
white wine, lemon butter sauce with penne pasta  
**Chicken Parmesan** - boneless breast of chicken Parmesan,  
marinara with penne pasta  
**Honey Dipped Fried Chicken** - breast, thigh, leg, wing.  
Served with French or sweet potato fries

### SIDES

**Fresh baked roll**..... \$.50  
**Potato chips (small bag)** ..... \$1.00

**French fries (regular or sweet potato), onion rings,  
coleslaw, brown rice, Spanish rice, sautéed  
seasonal vegetables or grilled chicken** ..... \$3.25

### BEVERAGES

**Bottled Water**..... \$1.50  
**Fountain Soda** ..... \$2.25  
Coke, diet Coke, Sprite, Dr. Pepper, ginger ale, seltzer  
**Iced Tea (sweetened/unsweetened), Milk,  
Chocolate Milk** ..... \$3.00

**Hot Chocolate**..... \$1.50  
**Milkshakes**..... \$4.25  
vanilla, chocolate or strawberry  
**All Bottled Drinks**..... \$2.25  
**Freshly Brewed Coffee or Hot Tea** ..... \$1.50 / \$2.25  
(regular or decaf)

Check our "Grab-N-Go" for other beverage and food choices.

### DESSERTS

**Ice cream (per scoop), yogurt, rice pudding,  
chocolate/vanilla pudding, or Jell-O**..... \$2.00

**Crumb cake, brownie, or pastries**..... \$2.50  
**Cookies** ..... \$2.00

Our breakfast menu is available all day upon request.