

STARTERS

Soup du Jour Cup..... \$2.95 Bowl \$4.50 Freshly made soup of the day served with a house baked roll.	Mozzarella Styx\$6.50 Lightly breaded Mozzarella cheese served with a marinara dipping sauce
Chicken Tenders (5)\$6.50	Penne a la Vodka\$5.50 Smaller portion of pasta served in a delicate tomato and cream sauce with garden peas
Chicken Wings (mild, hot or teriyaki sauce)\$6.50	
Housemade Crab Cake (1)\$7.25 Served over mixed greens with a honey lemon white wine sauce	

SALADS Small \$7.25 / Large \$8.75

All of our salad dressings are prepared on premise. Pick your dressing: Blue cheese, Ranch, Russian or Thousand Island, olive oil, balsamic or red wine vinegar, balsamic vinaigrette. Extra side of dressing, add \$.50 - **Add chicken to any salad - \$3.25**

Spinach – Fresh spinach, goat cheese, red onions, tomatoes, dried cranberries, sliced almonds
House – Iceberg lettuce, cucumber, carrots, black olives, tomato, red onions
Classic Chicken Caesar – Romaine lettuce, grated parmesan cheese, chicken, croutons, Caesar dressing
Apple Walnut – Spinach, tomatoes, goat cheese, apples, walnuts
Chef – Romaine lettuce, cucumber, black olives, tomatoes, sliced egg, ham, turkey, Swiss cheese
International – Mixed greens, grilled chicken, Portobello mushroom, mozzarella cheese, roasted peppers, balsamic vinaigrette
Iceberg Wedge – With chopped bacon. Drizzled with a blue cheese dressing

SANDWICHES \$7.50

All sandwiches are served with the Chef's housemade coleslaw and a pickle. Choice of white, rye or whole wheat bread. **Add French fries or sweet potato fries for an additional \$2.50. Add cheese \$.50; add bacon \$1.00; add lettuce & tomato \$.50.**

Ham, Turkey or Tuna Sandwich – With lettuce and tomato.	Grilled or Crispy Chicken – With lettuce, tomato, onion
Tuna Melt – With Swiss cheese	BLT – Bacon, lettuce, tomato, mayo
Patty Melt – With hamburger, Swiss cheese, fried onions	Chicken Parmesan Sub
Reuben – With corned beef or turkey, Swiss cheese, sauerkraut, Thousand Island dressing	Eggplant Parmesan Sub

PANINIS \$7.50

All paninis are served with the Chef's housemade coleslaw and a pickle. **Add French or sweet potato fries \$2.50.**

Turkey – Provolone, red onion, lettuce, tomato, honey mustard	Eggplant – Lettuce, tomato, fresh mozzarella, balsamic vinaigrette dressing
Italian – Grilled chicken, roasted peppers, fresh mozzarella, balsamic vinaigrette dressing	Florentine – Chicken, spinach, Provolone, delicate lemon sauce

WRAPS \$7.50

Regular or whole wheat. All wraps are served with the Chef's housemade coleslaw and a pickle. **Add French or sweet potato fries \$2.50.**

Crispy Chicken – Swiss, lettuce, tomato, onion, Ranch dressing.	Caesar Chicken – Romaine lettuce, grated parmesan, Caesar dressing.
Tuna – Swiss, lettuce, tomato, onions.	Balsamic Wrap – Grilled chicken, peppers, mozzarella, basil and vinaigrette

FIRE UP THE GRILL

Add bacon \$1.00; add cheese \$.25; add avocado \$.75; add French or sweet potato fries or onion rings \$2.50.

Sabrett Beef Hot Dog\$3.50 Plain and/or sauerkraut, onions	Grilled Cheese\$3.50 With tomato and bacon.....\$4.50 With grilled Virginia baked ham.....\$4.75
Beef or Chicken Cheese Steak\$6.50 Provolone cheese, onions and peppers	Burger\$5.50 Choice of beef, turkey or black bean. Served with lettuce, tomato, onions (raw or sautéed)

ENTRÉES \$9.75

Spicy Grilled Chicken Chipotle - served with Spanish rice and sautéed seasonal vegetables	Pasta Primavera - penne pasta, diced yellow & green squash, red peppers, broccoli, spinach in a light cream sauce
Arroz con Pollo - traditional chicken, beans and Spanish rice	Linguini - with housemade marinara sauce
Grilled Salmon - served with sautéed vegetables in a rosemary and white wine sauce	Penne a la Vodka - pencil point pasta served in a delicate tomato and cream sauce with garden peas Add grilled chicken \$3.25.
Pan-Fried Chicken Breast - topped with chopped mixed greens, tomato, roasted peppers, Mozzarella cheese and balsamic vinaigrette	Chicken Francaise - egg-dipped chicken breast served in a white wine, lemon butter sauce with penne pasta
Eggplant Parmesan - traditional eggplant parmesan served with penne pasta	Chicken Parmesan - boneless breast of chicken Parmesan, marinara with penne pasta
Vegetable Stir Fry - market fresh vegetables stir-fried in sesame oil with ginger, garlic and soy sauce served with brown rice. Add grilled chicken \$3.25.	Honey Dipped Fried Chicken - breast, thigh, leg, wing. Served with French or sweet potato fries

SIDES

Fresh baked roll\$.50	French fries (regular or sweet potato), onion rings, coleslaw, brown rice, Spanish rice, sautéed seasonal vegetables or grilled chicken \$3.25
Potato chips (small bag)\$1.00	

BEVERAGES

Bottled Water\$1.50	Hot Chocolate\$1.50
Fountain Soda\$2.25 Coke, diet Coke, Sprite, Dr. Pepper, ginger ale, seltzer	Milkshakes\$4.25 vanilla, chocolate or strawberry
Iced Tea (sweetened/unsweetened), Milk,	All Bottled Drinks\$2.25
Chocolate Milk\$3.00	Freshly Brewed Coffee or Hot Tea \$1.50 / \$2.25 (regular or decaf)

Check our "Grab-N-Go" for other beverage and food choices.

DESSERTS

Ice cream (per scoop), yogurt, rice pudding, chocolate/vanilla pudding, or Jell-O\$2.00	Crumb cake, brownie, or pastries \$2.50
	Cookies\$2.00

Our breakfast menu is available all day upon request.