

# SAINT PETER'S HEALTHCARE SYSTEM

Treating you better...for life.





"It is well documented that there is a growing number of children with health problems, and thus a growing need for pediatric specialists. We are very lucky to have three pediatric surgeons. It represents an opportunity to be the regional center for pediatric surgery and one of the busiest programs in the state."

-David Jaipersaud, Administrative Director, Department of Pediatrics

# **Pediatric Surgery Program Expands to Meet the Needs** of the Region's Children

The smallest patients sometimes pose the biggest challenges and no one knows that better than the pediatric surgeons who work at The Children's Hospital at Saint Peter's University Hospital. There are very few medical facilities in the area that offer as many neonatal and pediatric surgical services as the hospital's Pediatric Surgery Program. Its three specially trained surgeons – John Gallucci, MD, Steven Palder, MD, and Anthony Georges, MD – provide comprehensive general and specialized surgical care to treat congenital and acquired conditions affecting children from birth through young adulthood.

The doctors perform everything from lifesaving microsurgery on premature infants weighing no more than a pound to treatment for common pediatric conditions such as appendicitis and hernias - and everything in between. The Children's Hospital is a state-designated acute care children's hospital, which means it offers a full range of pediatric specialized healthcare services for newborns and children. It boasts one of the largest, most advanced neonatal intensive care units (NICU) in the country, and its Regional Perinatal Center and pediatric ICUs are among the best in New Jersey. Board certified experts in pediatric anesthesiology, pediatric radiology, neonatology, nursing and other pediatric specialties work with the surgeons to provide round-the-clock care.

"Working as a team allows all of us to do things we couldn't have imagined doing in the past." Dr. Palder says.

Surgically speaking, Dr. Palder and Dr. Gallucci began working together around 2003 to grow the program. "The best thing has been my association with Dr. Gallucci," he says. "It was just us working hard to make the program a success. When we started, the hospital was doing about 100 surgical cases a year. We took it to a high of 900 cases." Numbers are expected to grow with the addition of Dr. Georges.

The most amazing work the surgeons perform is on premature babies weighing as little as 500 grams - or 1.1 pounds. "That's about as small as you will get," Dr. Gallucci says. He has done surgery on these babies' tiny, underdeveloped airways and bowels to literally save their lives. "Taking babies that are likely going to die, and three to four months later they're discharged home with their parents, that's memorable," he says. "Pediatric surgery by description is memorable and special. That's why we didn't go into other areas of surgery. This was not a career I picked. It was my destiny. It picked me."

"Pediatric surgery is a highly specialized field," says Scott Matin, administrative director of the Department of Surgery. "At last count there were only 12 or 13 pediatric surgeons in the entire state of New Jersey and very few others throughout the country," Matin adds. "For Saint Peter's to have three of them demonstrates the commitment the hospital has to its mission as a women's and children's hospital."

A version of this story appeared in Central Jersey Health & Life, the Good Living Magazine from Saint Peter's Healthcare System.

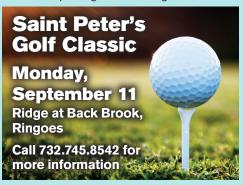
This calendar is for information only. Do not rely on it to make healthcare decisions on your own; instead, talk with your healthcare provider for advice and treatment. Do not ignore medical advice or delay seeking it.

# **Special**

#### **EMS Education Series Thursday, September 28** 7:00 PM

**TOPIC: STROKE** 

Call **732.745.8600**, **x6671** to register. FREE parking and FREE light dinner.



### Franklin Day Festival Saturday, September 23

Noon - 3:00 PM

Colonial Park, Franklin **Community Health Services team and** Saint Peter's staff will provide education and screenings.

### **Breast Reconstruction Day Lecture**

Wednesday, October 18 **Breast Cancer's Effect** 

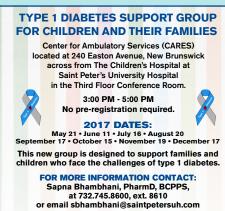
on Families More details next month

# **Diabetes Support**

#### **New Innovative Thyroid** and Diabetes Center **Program**

Lifestyle management for people with Type 2 diabetes and a family member at risk for developing the disease. Both must attend all 12 sessions starting in September.

Registration required. Call 732.339.7089.



#### Do you have **Prediabetes?**

Join Prevent T2 - A lifestyle change program recognized to prevent or delay Type 2 Diabetes.

Learn to eat healthier, be more physically active, manage stress and lose weight

Year long programmeets every other week for first six months-monthly for the second six months at Saint Peter's University Hospital's Family Health Center

For more information or to register for this FREE programming call: 732.339.7772

> Space is limited. Classes offered in English and Spanish.

# **Community Calendar**

For more information or to register for a program, call the contact number listed or visit saintpetershcs.com/Events Most programs are FREE unless noted; please call for information.

## Cancer **Support**

#### **Bone Marrow Transplant** Support Group

For patients who have had an allogeneic transplant.

In person

September 21 • 2:00 PM - 3:30 PM By phone

September 5 • 6:30 PM - 8:00 PM Call 732.235.8522 to register. • FREE

#### **Breast Cancer Support** Group

September 18 • 7:00 PM - 8:30 PM

Registration required. Rutgers Cancer Institute of New Jersey Deborah Leif, MSW, LCSW 732.235.7011 • FREE

#### Gynecologic Cancer **Support Group**

September 12 • 7:00 PM - 8:30 PM Rutgers Cancer Institute of New Jersey 732.235.6792 • FREE

#### **Latinos with Cancer Support Group**

September 9 • 10:00 AM - 1:00 PM Sister Marie de Pazzi Conference Center Light lunch will be served. Free, but registration requested. Sessions conducted

in Spanish. Call 908.658.5400 for more information. • FREE

#### Life after Cancer **Support Group**

September 14 • 6:00 PM - 7:30 PM Call 732.235.6792 to register • FREE

#### **Living with Cancer Support Group** September 13 and 27

7:00 PM - 8:30 PM

Rutgers Cancer Institute of New Jersey Barbara Hale, LCSW • 732.235.7557 • FREE

# Support **Groups**

#### **MvGoal Autism Family Support Group**

September 10 • 3:00 PM - 5:00 PM 877.886.9462 • FREE

#### Alzheimer's/Dementia **Caregivers Support Group** September 12 • 10:00 AM - 11:30 AM

Saint Peter's Adult Day Center 200 Overlook Drive, Monroe Township Rachel Kallish, MPA, CSW, CALA 609.655.6853 • FREE

#### **Bereavement Support Group For Men Only** (for men who have experienced the

miscarriage or stillbirth of a child)

September 21 • 6:00 PM - 7:00 PM First-floor employee cafeteria conference room.

Registration required. 732.745.8522 • FREE

#### SHARE Support Group

(for those who have suffered miscarriage, stillbirth or neonatal death)

September 21 • 7:00 PM - 9:00 PM

irst-floor employee cafeteria conference room. Irina Mariano-Brown, MSW, LCSW 732.745.8522 • FREE

#### Spouse/Partner Caregiver Support Group September 14 • 1:30 PM - 3:00 PM

Saint Peter's Adult Day Center Stephanie Fitzsimmons, EdD, MSN, RN, APRN-BC

732.745.8600, x8662 • FREE

# **Community** Health

For more information about screenings and educational programs, or the CHS corporate flu shot program, please call 732.745.8600, x8903

#### **Blood Pressure/ Blood Sugar Screenings**

September 8 • 9:30 AM - 10:30 AM New Brunswick Senior Center, New Brunswick • FREE

September 25 • 5:30 PM - 7:30 PM Sadie Pope Dowdell Library, South Amboy

#### **Community Walks/ Health Fairs**

September 13 • 10:00 AM - 1:00 PM Middlesex County Senior Health and Fitness Walk, Roosevelt Park, Edison • FREE

#### September 16

Community Day • Linwood Middle School, North Brunswick • Staff only.

#### September 17

Annual Fair • Rabbi Pesach Raymon Yeshiva, Edison • Staff only.

### September 20, Piscataway

September 21, Raritan

Environment, Health, Safety & Sustainability Health Fair • Johnson & Johnson Health Care Systems • Employees only.

#### **Community Talks**

September 26 • 12:15 PM - 1:15 PM

Topic: Preventing Falls East Brunswick Senior Center Members only.

#### Flu Shots

September 8 • 11:00 AM - Noon Elijah's Promise, New Brunswick • FREE

September 11\*

#### Renaissance at Raritan Valley,

East Millstone. • Residents only. September 14\* Canal Walk Adult Community, Franklin

#### Residents only.

September 15\*

### Hall's Corner, East Brunswick • Residents only.

September 18\* Saint Thomas the Apostle School,

#### Old Bridge. • Staff only. September 19

NEC Laboratories, Princeton • Employees only.

#### September 20, Somerset September 27, Newark

Rust-Oleum Corporation • Employees only.

#### September 22

Alliance Center for Independence, Edison Staff only.

#### September 25

Somerset Run Adult Community, Franklin Residents only.

#### September 27

Alpha Consultants, East Brunswick Staff only.

#### September 28

MAGNET

New Jersey Bar Association, New Brunswick Employees only.

\*Must have insurance or be covered by

#### **Hearing Screening**

September 6 • 2:30 PM - 3:30 PM

DeForest B. Soaries, Jr. Residences at Somerset, Franklin • Residents only.

# **Diabetes** Support/ Education\*

#### **Diabetes Self-Management Education**

**Mondays or Tuesdays** 

Registration and doctor's prescription required. • 732.339.7630

#### **Gestational Diabetes** Self-Management **Education**

Wednesdays or Thursdays

Registration and a doctor's prescription required. 732.339.7630

#### **Diabetes Support Group**

The Diabetes and Hypertension Center at Saint Peter's University Hospital's Family Health Center • 123 How Lane, New Brunswick Call 732.339.7672 for more information. • FREE

#### **English**

September 12 • Noon - 1:00 PM

#### Spanish

September 5 • Noon - 1:00 PM

#### **Diabetes Support Group**

Saint Peter's University Hospital's Center for Ambulatory Resources (CARES) • FREE

#### **Enalish**

September 13 • 10:30 AM - NOON

For information, fees and registration, visit saintpetershcs.com/parented or call Parent Education at 732.745.8579.

#### **Baby Care**

September 4 and 11 • 7:00 PM - 9:30 PM September 24 • 9:00 AM - 1:00 PM

**Breastfeeding Class** September 9 • 9:00 AM - 11:30 AM

# **Breastfeeding Support**

September 1 • 1:00 PM - 2:30 PM

#### **New Mom Support Group**

September 1 • Noon - 1:00 PM Refreshments are served.

#### **Prenatal Yoga and Exercise Class** (four-week sessions)

**Wednesdays and Fridays** 7:00 PM - 8:30 PM Registration required.

### **Prepared Childbirth/**

**Lamaze Classes** 

Includes maternity services tour **Wednesday and Thursday Evenings** 

Saturday and Sunday (single day) Registration required.

#### Sibling Class

September 9 • 12:30 PM - 1:30 PM

#### Are you at risk for diabetes and hypertension?

If you do not have insurance or sufficient coverage to manage chronic illnesses such as diabetes and hypertension, call Saint Peter's **Diabetes and Hypertension Center** at Saint Peter's Family Health Center, 123 How Lane, New Brunswick, at 732.339.7672.

Need a doctor? To find a Saint Peter's physician, call 1.855.SP.MY.DOC (1.855.776.9362).

Also available, online scheduling with select Saint Peter's Healthcare System physicians via Zocdoc at BookMySPDoc.com This calendar is for information only. Do not rely on it to make healthcare decisions on your own; instead, talk with your healthcare provider for advice and treatment. Do not ignore medical advice or delay seeking it because of something you read here. We do not suggest or endorse that you have any tests, use products, or use other information in this document without advice from your healthcare provider.







Commission

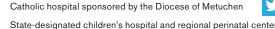
ACCREDITED PROGRAM

on Cancer®



• Association \*The American Diabetes Association Recognizes this education service as meeting the National Standards for Diabetes Self-Management Education





254 Easton Avenue, New Brunswick, NJ 08901







